

Senior Health and Wellness Meeting
Meeting Notes
May 3, 2011

Participants: Myrna Cooperstein, Tammy Duell, Joe Petrizzo, Elizabeth Brooks-Evans, Mona Ngem, Sarah Gotbaum (guest), Shawn Brennan.

Topic	Discussion Points	Decisions/follow-up
Aging Expo-Gaithersburg Senior Center	Elizabeth advised the committee that the Aging Expo was successful with approximately 400 individuals attending the event. The COA had a table, and members of the Commission were on hand to answer questions and discuss the Commission's purpose.	
Other Upcoming Events	<p>Mental Health Expo on May 12, 2011, 4:30 p.m.-8:00 p.m. Provider-focused. Will be held at the County Executive Office Building. Myrna will attend.</p> <p>Health and Wellness Fair on May 26th, 10:30 a.m.-3:00 p.m. Will be held at Leisure World. Conflicts with the COA's annual meeting.</p>	
End-of-Life Care Update	<p>The "Consider the Conversation" event, which was co-sponsored by the COA, was successful with more than 150 attendees. Professionals and members of the public were present. The feedback was overwhelmingly positive, and AARP offered to partner with the Montgomery County Coalition on End-of-Life Care (MCEOLC) for future events.</p> <p>The County Executive, Isiah Leggett, and County Council President, Valerie Erwin, signed a proclamation in honor of National Healthcare Decisions Day which is held annually on May 16th. A reference to an End-of-Life Care Bill-of-Rights was included in the proclamation. Members of the COA, COPWD, COH and MCCEOLC will have a photo taken with the proclamation following the next MCEOLC meeting later this month. Dr. Ulder Tillman, Montgomery</p>	

	<p>County DHHS, Chief, Public Health Services, was very helpful with this process.</p> <p>The First Responder Pilot Project draft, written by Barbara Blaylock, MD, has been completed and will be sent to Health and Wellness committee members for review.</p>	Shawn Brennan will email the draft in the next few days.
Falls Prevention Proposal	COA members and DHHS staff members plan to meet with Steve Galen next week to discuss the status of the falls prevention proposal.	Workgroup members: Elaine Binder, Myrna Copperstein, Judy Levy, Tammy Duell, Marcia Pruzan, Spence Schron, Steve Galen (Primary Care Coalition), Tom Nolan (Institute for Health Care Improvement), Shawn Brennan (Area Agency on Aging Health Promotion), Charles Smith (DHHS Evaluation and Planning), Odile Saddi (Area Agency on Aging) and Diane Zuspan (Montgomery County Fire and Rescue).
Mental Health Issues/Summer Study	The Health and Wellness Committee will submit a summer study proposal related to mental health care and services in Montgomery County.	Tammy will draft a proposal and send to committee members for comment.
New Items	<p>At the April meeting, COA members agreed to support the handicapped parking enforcement efforts that were initiated by the Commission on People with Disabilities. The Commission on Health is also supporting this initiative.</p> <p>Tammy briefly discussed the Aging in America conference in San Francisco. More than 4000 individuals attended the conference (which will be held in Washington D.C. next year). Alzheimer's disease was the focus of a large general session and numerous smaller sessions and was highlighted as the most significant challenge facing our society. The importance of advocacy to fund research was stressed.</p>	A County task force is forming soon. Participation by a member of the COA has been requested.
Next Meeting	June 7, 2011	7300 Calhoun Place, Suite 600-Conference Room 6B